

Lutemax® 2020 is a trademark of OmniActive Health Technologies.

**KEEP OUT OF REACH OF CHILDREN. Store in a cool, dry place.**

**For More Information: 1-888-462-2548**

**GNC.com**

**Distributed by: General Nutrition Corporation  
Pittsburgh, PA 15222 USA**

**GNC**  
WOMEN'S

# One Daily Multivitamin

**50 PLUS**

Specially formulated for women 50 & older



DIETARY SUPPLEMENT

60 CAPLETS/60-DAY SUPPLY

**CODE 179712**

**DIRECTIONS:** As a dietary supplement, take one caplet daily with food.

**EUG**

## Supplement Facts

Serving Size One Caplet

Amount Per Serving	% Daily Value
Vitamin A (as Retinyl Acetate).....	1050 mcg ..... 117%
Vitamin C (as Ascorbic Acid).....	150 mg ..... 167%
Vitamin D (as Cholecalciferol D-3).....	30 mcg ..... 150%
Vitamin E (as d-alpha Tocopheryl Succinate).....	28.9 mg ..... 193%
Vitamin K (as Phytonadione).....	60 mcg ..... 50%
Thiamin (Vitamin B-1).....	4.95 mg ..... 413%
(as Thiamin Mononitrate)	
Riboflavin (Vitamin B-2).....	3.74 mg ..... 288%
Niacin (as Niacinamide).....	22 mg ..... 138%
Vitamin B-6 (as Pyridoxine Hydrochloride).....	6.6 mg ..... 388%
Folate.....	1000 mcg DFE ..... 250%
(600 mcg Folic Acid)	
Vitamin B-12 (as Cyanocobalamin).....	110 mcg ..... 4583%
Biotin.....	300 mcg ..... 1000%
Pantothenic Acid (as Calcium d-Pantothenate).....	16.5 mg ..... 330%
Choline (as Choline Bitartrate).....	2.5 mg ..... <1%
Calcium.....	500 mg ..... 38%
(as Calcium Carbonate and Dicalcium Phosphate)	
Iron (as Ferrous Fumarate).....	8 mg ..... 44%
Phosphorus (as Dicalcium Phosphate).....	15 mg ..... 1%
Iodine (as Potassium Iodide).....	150 mcg ..... 100%
Magnesium (as Magnesium Oxide).....	50 mg ..... 12%
Zinc (as Zinc Oxide).....	30 mg ..... 273%

Amount Per Serving	% Daily Value
Selenium (as Sodium Selenite).....	70 mcg ..... 127%
Copper (as Cupric Oxide).....	2 mg ..... 222%
Manganese (as Manganese Sulfate).....	2 mg ..... 87%
Chromium (as Hydrolyzed Protein Chelate).....	200 mcg ..... 571%
Molybdenum (as Hydrolyzed Protein Chelate).....	75 mcg ..... 167%
Chloride (as Potassium Chloride).....	72 mg ..... 3%
Potassium (as Potassium Chloride).....	80 mg ..... 2%
<b>Brain Health Blend.....</b>	<b>15 mg ..... *</b>
<i>Ginkgo biloba</i> Leaf Extract.....	10 mg ..... *
Phosphatidylserine.....	2.5 mg ..... *
Inositol.....	2.5 mg ..... *
<b>Eye Health Support.....</b>	<b>1 mg ..... *</b>
Lutemax® 2020 Lutein.....	1 mg ..... *
<b>Women's Health Blend.....</b>	<b>10.175 mg ..... *</b>
Cranberry Fruit Concentrate.....	10 mg ..... *
( <i>Vaccinium macrocarpon</i> )	
Boron (as Boric Acid).....	150 mcg ..... *
Tin (as Stannous Chloride).....	10 mcg ..... *
Vanadium (as Vanadyl Sulfate).....	10 mcg ..... *
Nickel (as Nickel Sulfate).....	5 mcg ..... *
<b>Skin Structure &amp; Antioxidant Support Blend.....</b>	<b>7.2 mg ..... *</b>
Collagen Hydrolysate.....	5 mg ..... *
Silica (as Silicon Dioxide).....	2 mg ..... *
Zeaxanthin (as Zeaxanthin Isomers).....	200 mcg ..... *

\* Daily Value not established.

**OTHER INGREDIENTS:** Microcrystalline Cellulose, Maltodextrin, Hydroxypropyl Methylcellulose, Croscarmellose Sodium, Stearic Acid Vegetable Source, Hydroxypropylcellulose, Polydextrose, Magnesium Stearate Vegetable Source, Natural Vanilla Mint Flavor, Talc, Medium Chain Triglycerides, Carmine (Color), Sucralose.

**WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.**

0  
48107 20782  
3

**FPO**

Lot No / Ret Rv